### January 2012

Here we aim to note what the analyst seems to think is the patient's problem (in and out of sessions) and to construct the analyst's theory of psychopathology – as evident in the discussion of the sessions in the group.

- Is there a theory of psychic conflict and of what sort? How does it work?
- 2. Is there a **theory of psychic deficit** and of what sort? How does it work?

Here we aim to construct the analyst's theory of psychic change from what we are able to conclude from discussion of the sessions.

Considering this construction:

- Does the theory involve a different or new object and of what sort? How does it get created?
- Does the theory involve interpretation and of what sort?
  (i.e. What is an interpretation and how does it work?)
- 3. Dos the theory include a notion of analytic neutrality, of what sort and how does it work?

Here we aim to construct the analyst's theory of transference – how does P's past come into the present in the session and how does A notice it?

- a. Through parallels A sees between patient's different narratives (in this narrative like in that narrative). Or...
- b. Via the way the patient is understood to treat, talk about, respond to, or experience the analyst in the session? Or...
- c. Via the (conscious and unconscious) relationship A and P jointly create in their interaction? Or...
- By distinguishing in the language of the patient (not in the narrative) particularities indicating the presence of past (double senses, analogies, repetitions, lapsus, etc)

### What's Wrong?

(What is it A considers P's problem, how is it manifest in sessions and what is it caused by?)

## Listening to the Unconscious

(i.e. What is the A's theory about free association and free-floating attention and what it is important to notice in the P's and A's unconscious productions.)

# The Analytic Situation

I.e. What is the A's theory of how the past is being manifested (repeated) in the room with the A?)

## How analysis works.

(i.e. What is the A's theory of psychic change – how will what is wrong be modified by psychoanalysis?)

## Furthering the Process

(i.e. What are the A's ideas about how his or her theory of psychic change (being or not a new object, interpreting and taking or not a position of analytic neutrality) is put into practice in the sessions?)

Here we aim to construct the analyst's theory of the patient's unconscious functionning and how it is revealed in the sessions presented.

#### Does analyst use?

- A theory of the means by which associative material is produced in the session and how does it work?
- A theory detecting distinctions, differences or levels— for example between drives and defences or affects and representations – for example between productions of fantasy, anxiety, defence, resistance, etc?

Here we aim to construct each analyst's actual technique to implement the theory of psychic change as we observed it in the sessions.

- Can we detect if the analyst is using a theory about how what s/he says can create:
  - i. Excitation?
  - ii. Agoraphobic or Claustrophobic anxiety
    - Deepening of the process
  - iv. Confrontation
  - v. Upset

iii.

...(and if so how and why and in what way)?